

## Early detection lasts a lifetime.

October is Breast Cancer Awareness Month, and Baptist wants to remind all women that early detection is the best protection. When breast cancer is found early and confined to the breast, the 5-year relative survival rate today is 99 percent.

Get a clinical exam by a health care professional every three years between the ages of 20 and 40. After 40, or if you have certain high-risk factors, schedule an annual mammogram. If not for yourself, then for the ones who depend on you.



Get Better.